

SANTA BARBARA SAILING CENTER DOUBLE DOLPHIN CATERING MENUS

Little Italy

\$34.00 Per Person

Choice Of Two Entrées:

Chicken Picatta Lightly Battered Chicken Breast Sautéed In Lemon Caper Sauce

Chicken Provincial Lightly Battered Chicken Breast Sautéed In Lemon Garlic Sauce

Chicken Parmesan Breaded & Fried Chicken Breast Topped With Tomato Meat Sauce, Mozzarella & Parmesan Cheese

Crusted Romano Chicken Breast Tender Breast Of Chicken Coated With A Variety Of Italian Cheeses Cooked Golden Brown With Olive Oil & Garlic.

Eggplant Parmesan Breaded & Fried Eggplant Topped With Authentic Marinara Sauce, Mozzarella & Parmesan Cheese.

Choice Of Pasta Choose One:

Penne Bruschetta Light Olive Oil With Sweet Basil, Fresh Garlic & Roma Tomatoes

Fusilli Roasted Red & Yellow Peppers, Sweet Basil & Fresh Garlic

Rigatoni Romano Creamy Garlic Sauce With Fresh Basil & Roma Tomatoes

Penne Marinara Or Tomato Meat Sauce Chunky Tomato Sauce With A Special Blend Of Herbs & Seasonings

*Tortellini Pesto-Cheese Stuffed Tortellini In Our Delicious Creamy Pesto Sauce, Tortellini Is An Additional \$3.00 Per person

Choice Of One Salad:

Fresh Romaine Caesar With Garlic Croutons & Freshly Grated Parmesan Cheese

Tossed Fresh Seasonal Fruit & Berry Salad

Chopped Vegetable Salad With Homemade Dressings

Choice Of Bread:

Fresh Baguettes & Butter

Grilled Garlic Bread

Oak Barbecue Dogs & Burgers

\$27.00 Per Person

Entrées Include:

Oak Barbecued Hamburgers

Oak Barbecued Hot Dogs & Sausages

Menu Also Includes One Side:

Ranch Style Beans With Red & Yellow Peppers

Homemade Garlic Mashed Potatoes With Creamy Mushroom Gravy

Homemade Rice Pilaf Or Spanish Rice

Roasted Three Pepper Pasta Salad In A Light Vinaigrette

Choose One Salad:

Crisp Romaine Caesar With Garlic Croutons & Freshly Grated Parmesan

Chopped Vegetable Salad With Homemade Dressings & Garlic Croutons

Homemade Potato Salad With Dill & Snow Peas

Vegetable Pasta Salad

Includes:

Fresh Hamburger & Hot Dog Buns & Garlic Rolls

Homemade Corn Tortilla Chips With Salsa

Condiment Bar:

Lettuce, Onions, Tomatoes, Pickles, Mustard, Ketchup & Mayonnaise

(Garlic Tarragon Mayonnaise Available Upon Request)

Oak Barbecue Tri-Tip & Chicken

\$32.00 Per Person

Entrées:

Seasoned & Oak Barbecued Tri-Tip

Seasoned & Oak Barbecued Chicken

Starches & Vegetables: Choose One

Ranch Style Beans With Red & Yellow Peppers

Homemade Garlic Mashed Potatoes With Creamy Mushroom Gravy

Mixed Medley Of Vegetables With Summer Squash

Authentic Rice Pilaf

Penne Bruschetta Light Olive Oil With Fresh Sweet Basil, Garlic & Roma Tomatoes

Pasta Marinara Chunky Tomato Sauce With A Special Blend Of Herbs & Seasonings

Choose One Salad:

Fresh Romaine Caesar Salad With Cheese & Garlic Croutons

Chopped Vegetable Green Salad With Garlic Croutons & Homemade Dressings

Choose One:

Fresh Grilled Garlic Bread

Fresh Baked Baguettes With Butter

Includes:

Chilled Authentic Tomato Salsa

Pineapple Pico de Gallo

Homemade Corn Tortilla Chips

Oak Barbecue Tri-Tip, Chicken, Fish & Veggie

\$48.00 Per Person

Entrées: Choose Three

Seasoned & Oak Barbecued Tri-Tip

Mahi-Mahi Cajun Or Lemon Herb

Chicken Picatta Battered & Sautéed In Lemon Caper Sauce

Crusted Romano Chicken Coated With A Variety Of Italian Cheeses, Grilled Golden Brown
With Olive Oil & Garlic

Eggplant Parmesan Breaded & Fried Eggplant Topped With Authentic Marinara Sauce &
Parmesan Cheese

Sides: Choose Three

Marinated & Roasted Three Pepper Pasta Salad With Red, Yellow & Green Peppers

Ranch Style Beans With Roasted Red, Yellow & Green Peppers

Penne Bruschetta Light Olive Oil With Fresh Sweet Basil, Garlic & Roma Tomatoes

Pasta Marinara Chunky Tomato Sauce With A Special Blend Of Herbs & Seasonings

Mixed Medley Of Fresh Vegetables Seasoned With Butter & Salt

Grilled Rosemary & Herb Red Potatoes

Garlic Mashed Potatoes & Country Gravy

Salad: Choose One

Crisp Romaine Caesar With Freshly Grated Parmesan Cheese & Garlic Croutons

Chopped Vegetable Salad With Garlic Croutons & Homemade Dressings

Breads:

Fresh Grilled Garlic Bread

Fresh Baked Baguettes With Butter

Includes:

Homemade Chips With Chilled Authentic Salsa

Pineapple Pico de Gallo

Tex-Mex Barbecue

\$50.00 Per Person

Entrée: Choose Three

Seasoned & Oak Barbecued Tri-Tip

Seasoned & Oak Barbecued Chicken

Oak Barbecued Beef Or Baby Back Ribs

Grilled Teriyaki Chicken Or Mahi-Mahi Kabobs

Authentic Marinated & Shredded Carnitas

Grilled Fajitas Tender Chicken Or Savory Beef

Authentic Enchiladas Chicken, Cajun Chicken, Beef, Shrimp Bruschetta,

Cheese Or Vegetarian

Homemade Chile Verde

Starches & Vegetables: Choose Three

Rosemary & Herb Red Potatoes

Garlic Mashed Potatoes With Country Gravy

Ranch Style Black Beans With Red & Yellow Peppers

Roasted Three Pepper Pasta Salad In A Light Vinaigrette

Homemade Rice Pilaf Or Spanish Rice

Salads: Choose One

Chilled Broccoli, Roasted Almond & Sun-Dried Tomato Salad

Fresh Romaine Caesar With Garlic Croutons & Freshly Grated Parmesan Cheese

Chopped Vegetable Salad With Garlic Croutons & Homemade Dressings

Includes:

Flour & Corn Tortillas, Homemade Tortilla Chips, Fresh Grilled Garlic Bread

Chilled Salsa Bar:

Pico De Gallo, Tomatillo

Chilled Salsa Bar:

Roasted & Salted Green Onions, Diced Chilies, Fresh Grated Cheeses

Diced Red Onions, Diced Cilantro, Roasted & Salted Jalapenos

Diced Roma Tomatoes, Chilled Sour Cream

*Guacamole Add \$5.00 Per Person